## Health & Well Being Board Community Sub-Group 27<sup>th</sup> July 2021

Pr Dagmar Zeuner, Director of Public Health

Merton Public Health Intelligence

27th July 2021

Produced by Gary Forbes (gary.forbes@merton.gov.uk)



Summary of COVID cases, testing, contact tracing, deaths, vaccinations and NHS figures 27th July 2021

		Merton	Merton	London	London
Domain	Indicator	(previous value)	change	(previous value)	Change
Regional marker	R value (16 <sup>th</sup> July)	-	-	1.2 – 1.4 (1.1 – 1.4)	<b>^</b>
	New cases	888 (584)	<b>1</b>	41,660 (27,779)	<b>^</b>
	7 day rate (per 100,000)	382.5 (240.8)	<b>^</b>	464.9 (310.0)	<b>^</b>
Cases over last week	Official 7-day rate (per 100,000)*	374.7 (222.2)	<b>^</b>	378.5 (261.2 )	<b>^</b>
(15 <sup>th</sup> –21 <sup>st</sup> July)	7 day rate aged 60+ (per 100,000)	116.4 (36.0)	<b>^</b>	-	-
(13 -ZI July)	Cases identified as Kent variant	N/A (N/A)	-	0.1% (0.2%)	Ψ
	Cases suggestive of Delta variant (S-gene deletion) **	100% (100%)	<b>→</b>	N/A (N/A)	-
РіЩаr 2 PCR tests over 7 days	Daily rate (per 100,000)	386.2 (330.8)	<b>^</b>	388.5 (334.0)	<b>^</b>
ළු (13 <sup>th</sup> July – 19 <sup>th</sup> July)	Test positivity %***	14.8% (10.4%)	<b>^</b>	15.6% (11.7%)	<b>^</b>
Contact Tracing by NHS T&T –	% Cases completed	88% (88%)	<b>→</b>	86% (86%)	<b>→</b>
cumulative (2 <sup>nd</sup> Jun 2020 – 20 <sup>th</sup> July 2021)	% Contacts completed	87% (87%)	<b>→</b>	86% (86%)	<b>→</b>
Deaths (3 <sup>rd</sup> – 9 <sup>th</sup> July)	Number COVID-19 registered deaths	0 (1)	<u> </u>	20 (18)	<b>^</b>
Vaccinations (as of 11 <sup>th</sup> July)****	% Over 50s received 1st dose of COVID-19				
vaccinations (as of 11 July)	vaccine	80.9% (80.8)	<b>^</b>	80.7% (80.5)	<b>^</b>
		SWL	SWL	London	London
Domain	Indicator	(previous value)	change	(previous value)	Change
Current inpatients	COVID inpatients	86 (76)	<b>^</b>	647 (514)	<b>^</b>
(as of 19 <sup>th</sup> July)	COVID ITU/HDU inpatients	15 (13)	<b>^</b>	140 (115)	<b>1</b>

<sup>\*</sup> The official PHE rate for Merton and London are for the week ending the 15th July.

<sup>\*\*</sup>Date for cases identified as Delta Variant are weekly to the 17<sup>th</sup> July for Merton and 13<sup>th</sup> July for London. S gene positive result is suggestive of the Delta Variant.

<sup>\*\*\*</sup>Test positivity refers to the percent of total tests that were positive, even if individuals had multiple tests.

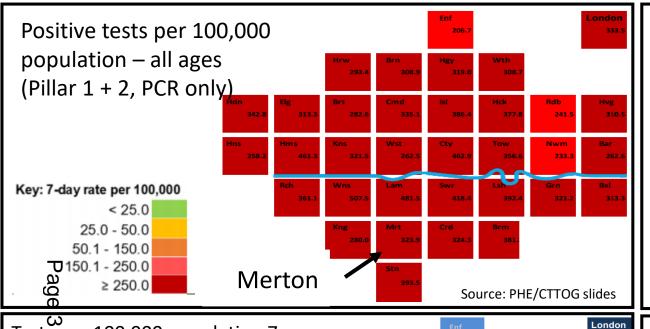
<sup>\*\*\*\*</sup>Denominator based on NIMS populations

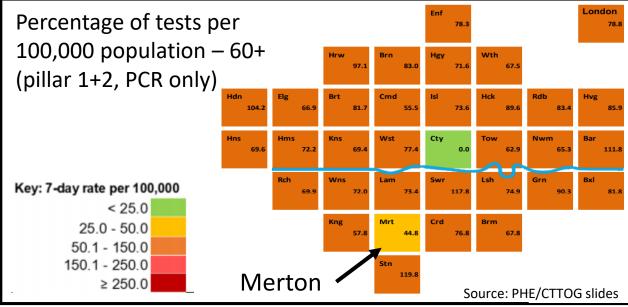
#### Positive cases per 100,000 and test positivity across London boroughs

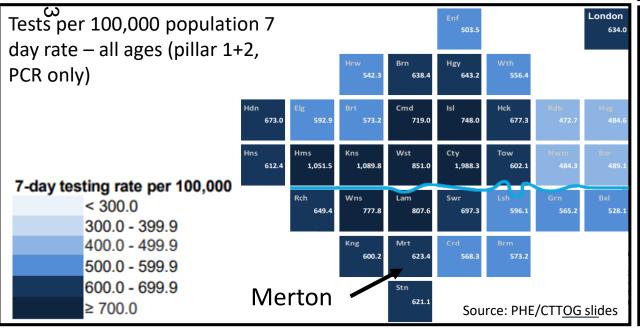
For reporting period 8.07.2021 – 15.07.2021

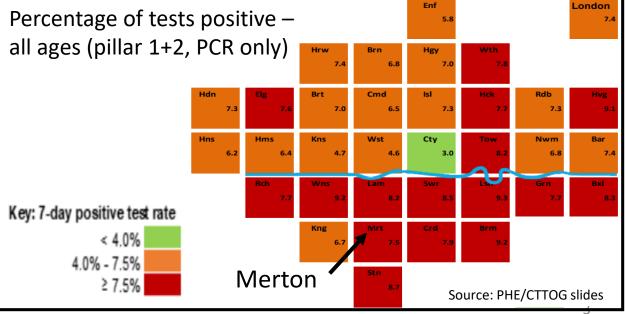
Colour of box illustrates weekly cases per 100,000 for that week

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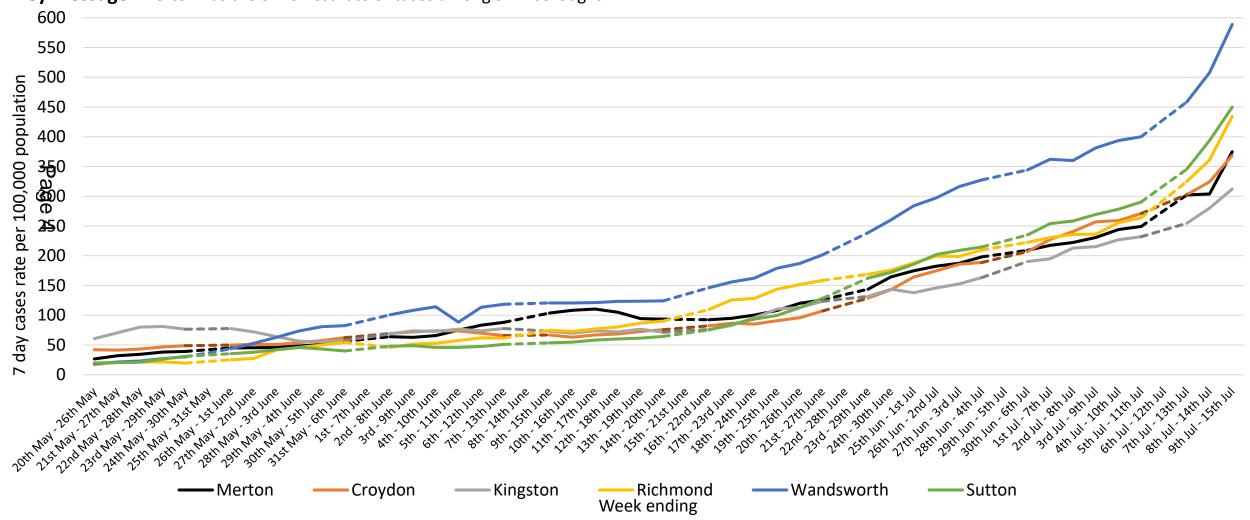


## Rolling 7-day rate of confirmed positive cases per 100,000 population in Merton residents compared to other South West London boroughs (Pillar 1 & 2)

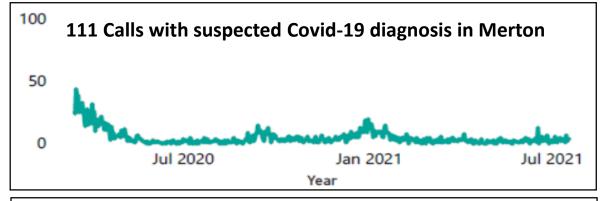
Source: PHE/PHEC Daily Report

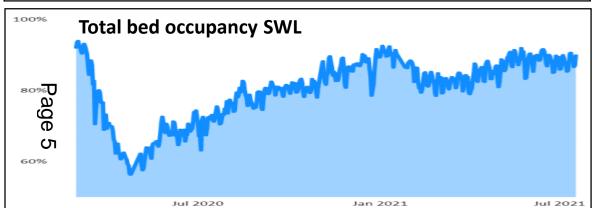
Reporting frequency: Daily

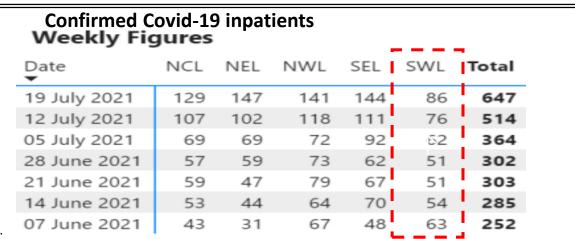
**Key message:** Merton has the 3<sup>rd</sup> lowest rate of cases among SWL boroughs



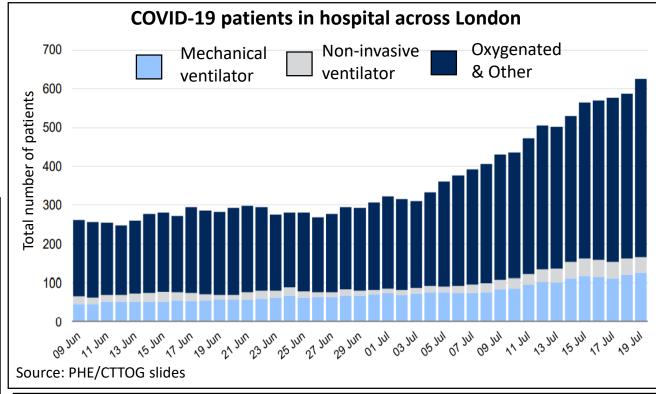
#### **COVID-19** case rates among SWL boroughs and NHS-related indicators for Merton and London.







Source: SWL Covid-19 early warning pack

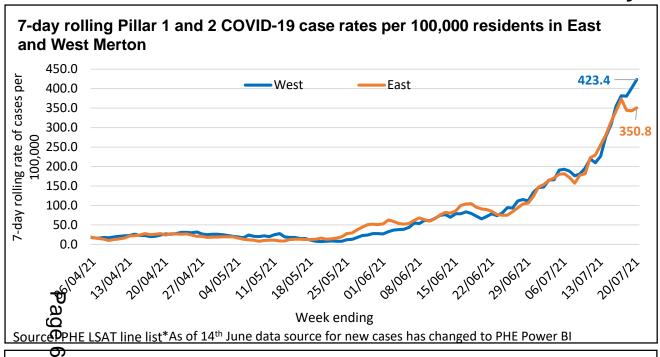


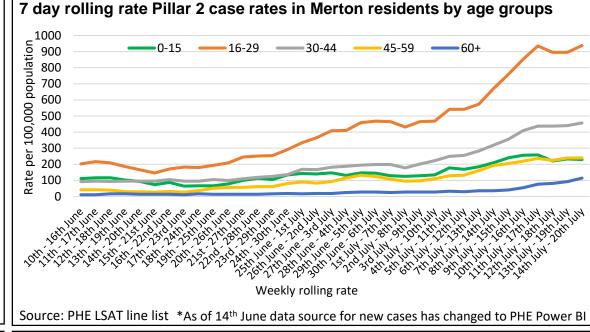
Confirmed CO	Confirmed COVID-19 ITU/HDU inpatients across London					
Weekly Figures Total number of ITU/HDU patients week ending						
Date	NCL	NEL	NWL	SEL	SWL	Total
19 July 2021	25	36	29	35	15	140
12 July 2021	22	21	22	37	13	115
05 July 2021	12	12	19	32	10	85
28 June 2021	10	12	22	24	8	76
21 June 2021	8	7	23	18	11	67
14 June 2021	10	9	17	15	11	62
07 June 2021	10	2	19	10	11	52

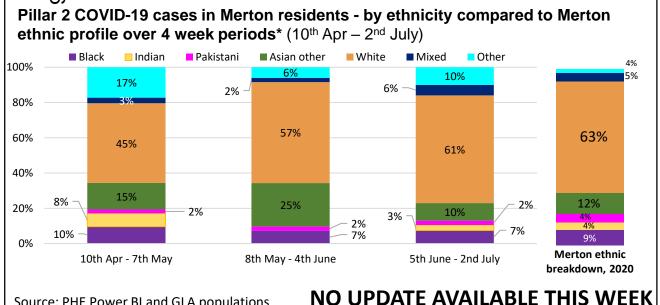
Source: SWL CCG COVID-19 daily dashboard

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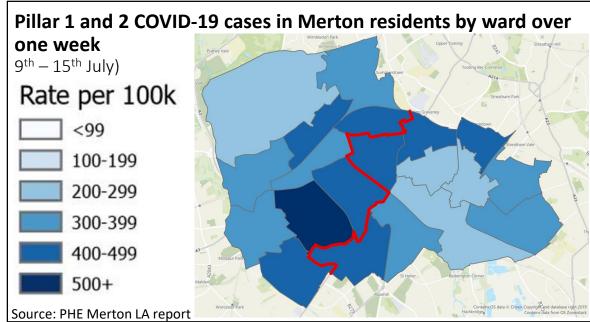
#### PCR confirmed COVID-19 cases in Merton residents by age, ethnicity, and geography







Source: PHE Power BI and GLA populations



#### **Overview of LFD testing in Merton Residents**

#### Merton residents overview (12<sup>th</sup> – 18<sup>th</sup> July)

- Merton completed 16,041 Pillar 2 LFDs for the week ending 18<sup>th</sup> July, across all settings.
- Merton completed **7,766.2** Pillar 2 LFD tests per 100,000 population for the week ending 18<sup>th</sup> July. This is 3<sup>rd</sup> highest among SWL boroughs.
- Of LFDs completed in Merton, **1.5**% (238 tests) were positive. During the same period, **15.0**% (562 tests) of Merton PCR tests were positive.
- Among all 800 positive tests, 562 (70.2%) were captured by PCR testing, and 238 (29.8%) were captured by LFD testing.
- Merton residents ordered 2,014 home testing kits (week ending 18<sup>th</sup> July).

#### **London overview** (12<sup>th</sup> – 18<sup>th</sup> July)

• London completed **549,021** LFDs for the week ending 18<sup>th</sup> July (across all settings). 10,368 of these were positive (**1.9%**).

#### **Meton resident LFDs by setting** (12<sup>th</sup> – 18<sup>th</sup> July)

- LFDs in this report captures those performed in five settings: Local community pharmacies, Merton Civic Centre, Centre Court, New Horizons and Merton schools and colleges.
- LFDs performed in other settings (e.g. hospitals, police services, fire stations) are <u>not</u> included.

• There are currently two sources of data. We use local data collected directly from the sites, and school home kits reported via PHE

**PowerBI** 

Setting	Reported weekly tests (12 <sup>th</sup> - 18 <sup>th</sup> July)			
Centre Court*	224			
New Horizons*	23			
Merton Civic Centre**	87			
Community pharmacies**	195			
Schools and colleges home kits***	4,868			

\*As reported by LBM

\*\* As reported via PHE PowerBI
(weekly tests (12<sup>th</sup> – 18<sup>th</sup> July)

\*\*\* As reported via PHE regional
dashboard (not currently being
shared by PHE)

#### **Reported COVID-19 outbreaks in Merton**

Source: Local Data and London Coronavirus	New confirm		New confirmed outbreaks via LCRC		
Response Cell (LCRC)	Current (14th July – 20th July)	<b>Previous</b> (7 <sup>th</sup> July – 13 <sup>th</sup> July)	Current (14th July – 20th July)	<b>Previous</b> (7 <sup>th</sup> July – 13 <sup>th</sup> July)	
Schools and nurseries	7	5	0	0	
Care homes	0	0	0	0	
© re settings *	0	0	0	0	
Workplace (LBM and non- LBM)	0	0	0	0	
Homeless accommodation	1	0	1	0	
Other**	0	0	0	0	
Total	8	5	1	0	

#### A note on the data

 Locally reported Outbreaks:

2 or more cases have a highly probable or confirmed epidemiological link within a 14 day period i.e. direct close contacts, proximity contacts or in the same cohort, (cohort is in a school, might be in a class, year group or other defined group)

Outbreaks reported via LCRC:

We include LCRC data for comparison with other boroughs Includes all reported situations e.g. exposures, suspected cases, outbreaks Care homes includes all other care settings Only large school outbreaks reported

<sup>\*</sup> Supported living, sheltered living, extra care, and domiciliary care

<sup>\*\*</sup> Business, Transport, Shopping and Place of worship

27th July 2021

Number of deaths of Merton Residents by week of			Z7til July Zt
registration	Place of death	COVID deaths over last week (3.07.21 - 09.07.21)	Cumulative COVID deaths (04.01.20 – 09.07.21)
Source: ONS	Hospital	0	374
Reporting frequency: Weekly	Care home	0	48
180	Home	0	53
	Hospice	0	9
160	Elsewhere	0	1
140	Total	0	485
120		•	
Number of deaths  14th Mar - 20th Mar   18th Mar - 20th Mar   21st Mar - 27th Mar   21st Mar - 27th Mar   21st Mar - 27th Mar - 3rd Apr   22th Apr - 10th Apr   22th Apr - 13th May   22th Apr - 13th May   22th May - 23th May - 23th May - 25th Jun   15th Jun   15th Jun   15th Jun   26th Jun   15th Jun   25th Jun   25th Jun   24th Jun   25th	28th Nov - 4th Dec 28th Nov - 4th Dec 28th Nov - 4th Dec 5th Dec - 11th Dec 8 25 25 25 25 25 25 25 25 25 25 25 25 25	- 22 11 - 112 - 113 115 115 115 115 115 115 115 115 115 115 115 115 115 	17th Apr - 23rd Apr + 82 24th Apr - 23rd Apr + 82 24th Apr - 30th Apr 0

Week of death registration

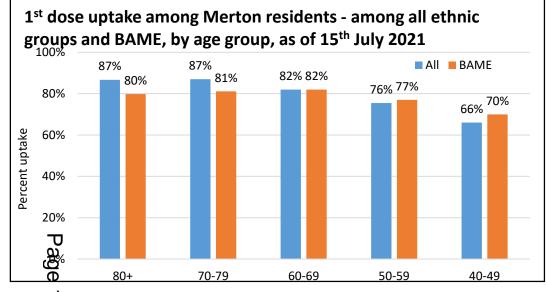
Average number of deaths registered per equivalent week in 2015-2019

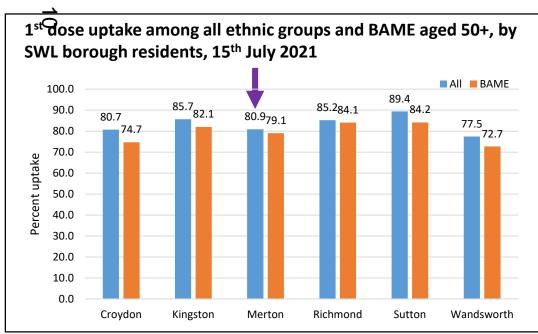
Non COVID-19 deaths

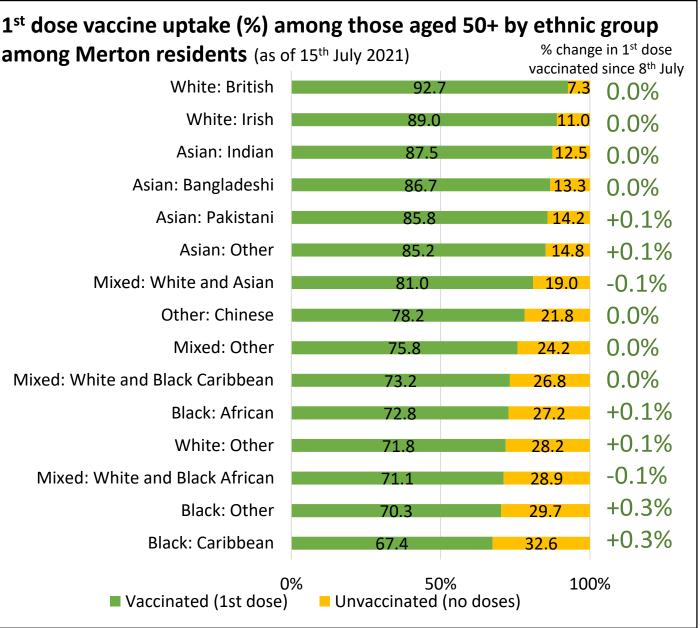
COVID-19 deaths

#### Vaccine uptake by ethnic group among Merton residents and SWL boroughs

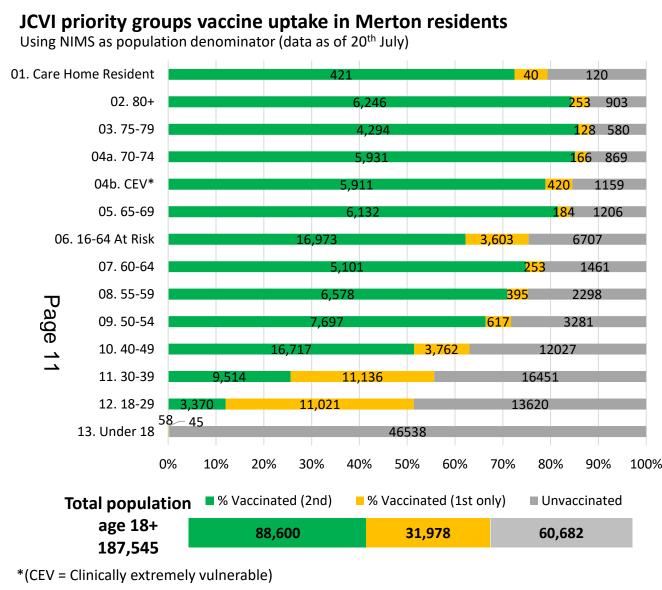
Data as of 15<sup>th</sup> July 2021





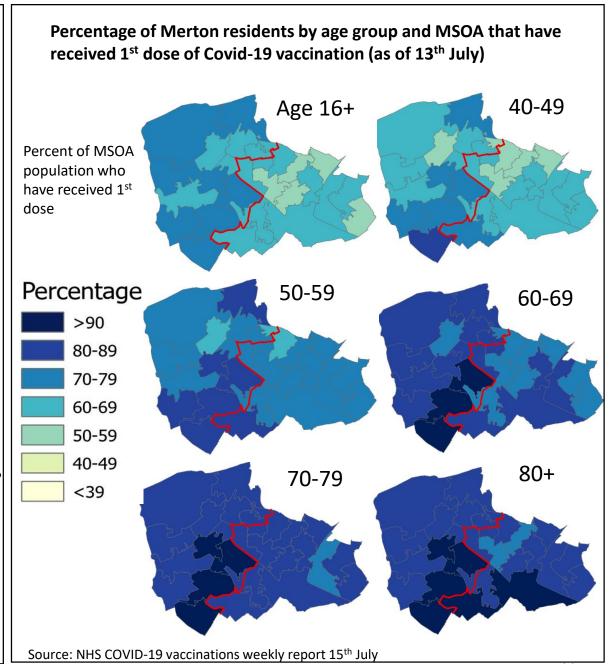


Source: London Weekly Vaccination Report, PHE NIMS



Note: Data has been extracted from NELCSU based on patients registered with a GP in SWL and resident in Merton. Therefore data may not align with vaccinations reported on slide 2.

Source: NELCSU vaccinations



## Health and Wellbeing Board Community Subgroup

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Roadmap - Step 4 from 19 July 2021



## Covid restrictions: Changes in England from 19 July



No limit on meeting people but try to meet others outside where possible



People currently working from home should return to the workplace gradually



Nightclubs open and a return to full capacity for theatre and cinema audiences



Businesses and large events encouraged to use Covid-certification to limit the spread of the virus



Face coverings recommended in crowded public spaces, such as public transport



Social distancing no longer mandatory

### Step 4 – implications and additional guidance

- Rationale least worst option third wave more likely to peak in the summer than autumn/ winter.
- Emphasis on **personal responsibility** slow and steady behaviour change encouraged e.g. face coverings required by TfL.
- Protection of staff, clients and residents from harm is guiding principle. Using **risk assessments** with staff as for any disease.
- Easing restrictions may cause questions. National guidance now not statutory but basics of infection control have not changed. If you are symptomatic, self-isolate immediately and get a test. **Best tool for protection is full vaccination**.

Further changes to self-isolation (at 26 July): Some close contact, fully vaccinated critical workers including health and care staff will be exempted from self-isolation. Others named to be exempt are air traffic controllers, rail signallers, food distribution hubs, utility and border staff.

From 16 August close contacts if double vaccinated or under 18 will no longer have to self-isolate.

**In September** a government review will assess preparedness for autumn and winter.

### Impact of COVID-19 on Older Adults

Rob Clarke – Chief Executive, AGE UK Merton

Health and Wellbeing Community Subgroup 27<sup>th</sup> July 2021

#### Older adult impact summary

#### **Age UK Merton**

From April 20 - March 21

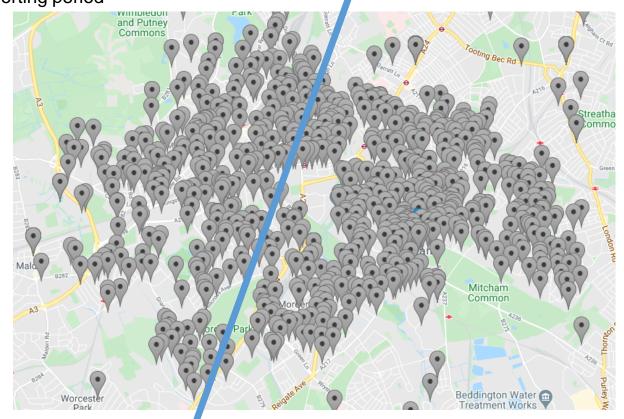
- 53% increase in the number of people seeking support compared to the same period last year –
   2,500 to 3,700 residents in total
- 84% increase in the number of contacts indicating growth in complexity and multiple needs
- trend continuing into new reporting period

#### **Demographic shift**

- 2% increase in BAME
- 16% increase in under 65s
- 65% East / 35% West

#### Wellbeing data

Data from projects indicates significantly lower baseline wellbeing scores during pandemic



#### Older adult impact summary

#### The Lived Experience of Covid-19

- Significant direct impact of C-19, well evidenced
- Higher risks with an intersectional lens significant health inequalities

#### The impact of isolation

- Staff, volunteer and client feedback & case studies to explore the indirect impact ongoing
- HWBB Nov 2020 'Long, sharp sting' for older adults' mental & physical wellbeing
- Amplified complexity of need practical solutions hampered by pandemic some adjustments
- Access to digital and virtual support very mixed across older adult population

#### Social connection & mental wellbeing

- Increased loneliness as a result of self-isolation and reduced social connection
- Decreased confidence, reduced cognition and in some cases self-neglect
- Increased levels of anxiety, primarily due to the fear of the virus not diminishing in some cases
- Low mood and in some cases feelings of despair and suicidal ideation
- 'I don't think I will ever come out of my home again'

#### Older adult impact summary

#### Physical health

- Barriers to access for key community and health services impacted older people with LTCs more
- Decline in clients proactively managing their health conditions neglected established routines and lost motivation to manage their conditions
- Reduced confidence, mobility and emotional wellbeing and increased frailty and instance of falls
- Extended periods without underlying or presenting health conditions being addressed

#### Home environment / independence

- Increased referrals with hoarding, clutter and squalor
- 24% increase in housing queries

#### **Finances**

- Lower return in benefits uptake, particularly Attendance Allowance now increasing dramatically
- Food insecurity and increasing food poverty ongoing need for food parcels

#### Learning

#### **Community Response**

- Extensive partnership working to co-ordinate, share and support
- Outbreak control & community engagement
- Positive uptake of vaccinations in older adults

#### The recovery or living with Covid

- Safe return to face to face **social connection –** realistic & achievable procedures risk / reward
- New ways of working **hybrid model** using digital, face to face and telephone
- Financial support for VCS to support community recovery
- Commitment to long-term physical / emotional rehab time, repetition & positivity

## The Effects of the Pandemic on People Affected By Dementia

Jo Malyon - Dementia Friendly Development Manager (South),
Alzheimer's Society

Health and Wellbeing Community Subgroup 27<sup>th</sup> July 2021

# The Effects of the Pandemic on People Affected By Ementia

Methodology

- Commissioned by the London Borough of Merton.
- Began with case study work in collaboration with AgeUK Merton, the Merton Carers Centre and Wimbledon Guild.
- Consulted the work that became Alzheimer's Society's larger study *Worst Hit: Dementia During Coronavirus*.
- Separate surveys were drafted on the basis of the above for people living with dementia and for carers.
- Alzheimer's Society/Merton Dementia Hub staff collected 38 responses to the survey.
- Data was collated and analysed, and a long-form analysis as well as summaries for LBM and the DAA were produced
- Alongside *Worst Hit* this gives us an indicative snapshot of the situation in Merton.

# The Effects of the Pandemic on People Affected By Ementia

Key findings

- 100% of carers and 93% of people with dementia felt more sad, lonely and anxious during lockdown.
- 86% of carers surveyed believed that the symptoms of the person with dementia deteriorated more quickly during lockdown
- 20% of White carers reported a decrease in social time during lockdown, compared to 82% of BAME carers.
- 75% of carers continued to access support services remotely, but only 25% of people with dementia.
- The main concern reported is **loneliness**, which has knock-on effects for accelerating **deterioration**.
- Remote support, such as online groups and phone support, proved effective when they were able to be accessed.
- The main barrier to accessing services was access to IT skills and the technology itself.

# The Effects of the Pandemic on People Affected By Dementia

Recommendations

- Offer to help friends or family who have dementia with IT skills and/or access.
- Help or prompt with groceries.
- Encourage activity to slow down deterioration.
- Be wary of deterioration and recommend contacting the GP.
- When making organisational changes in response to the pandemic, make them in a dementia friendly way, find creative ways to allow continued independence.
- Develop online services that support people with dementia in a dementia friendly way.
- Refer to Merton Covid-19 Community Response Hub for support for isolated people with practical needs
- Refer to Merton Library and Heritage Service to develop digital skills
- For dementia support contact Merton Dementia Hub

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